

SAINTS & Patrick Soan of Arc SCHOOL



Lunch		November 2022			Lunch	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Chili Soup, Celery Sticks, Diced Pears, Crackers, Milk	Toasted Ham & Cheese Sandwich, Peas, Diced Peaches, Milk	3 Loaded Baked Potato, Steamed Broccoli, Mixed Fruit, Milk	4 Egg & Cheese Omelet, Baked Fries, Fresh Apple, Toast, Milk	5
6	7 Grilled Chicken Sandwich, Lettuce & Tomato, Baked Fries, Diced Peaches, Milk	8 Beef Soft Taco, Refried Beans, Red Pepper Strips, Applesauce, Milk	9 Pepperoni Calzone, Sliced Cucumbers, Fresh Apple, Milk	10 Sub Sandwich, Lettuce & Tomato Slices, Fresh Carrots, Raisins, Milk	11 Cheese Pizza, Fresh Veggie Mix, Grapes, Milk	12
13	14 Pulled Pork Nachos, Side Salad, Diced Pears, Milk	Chicken Burrito Bowl, Red Pepper Strips, Strawberry Cup, Milk	16 Pepperoni Pizza, Sliced Cucumbers, Fresh Pears, Milk	Chicken Nuggets w/dipping sauces, Green Beans, Applesauce, Milk	18 Bosco Sticks w/marinara, Side Salad, Mixed Fruit, Milk	19
20	21 Hamburger, Lettuce & Tomato Slices, Baked Fries, Applesauce, Milk	Walking Taco, Pinto Beans, Lettuce & Tomatoes, Mixed Berry Cup, Milk	23	24	25	26
27	28 Sausage & Cheese Sandwich, Baked Fries, Diced Peaches, Milk	Chicken Soft Taco, Refried Beans, Lettuce & Tomato, Strawberries, Milk	30 Charcuterie Lunch, Fresh Veggie Cup, Grapes, Cheez-Its, Milk			